DRESS CODE

The dress code for Mesa Christian Academy MUST be adhered to or your child will be issued demerits for a Dress Code Violation. MCA may provide the student with a garment to cover or change out of any inappropriate clothing for the day, or we may call a parent/guardian to provide something. We understand that children grow throughout the school year. *Please be prepared to replace uniforms as this occurs or as items get stained or worn out.*

Regular School Uniform

ALL K-12 STUDENTS

Tops	Polo Shirt in any SOLID color. The black MCA school polo shirt MUST BE worn on Chapel days.
Bottoms	Uniform-style shorts, dress slacks, skirts, skorts, or capris in one of the following colors only: NAVY, BLACK, or KHAKI. Khaki bottoms MUST BE worn on Chapel days.
Shoes	Practical closed shoes that fit well – NO boots, sandals, flip-flops, or high heels. *Please make sure your student's shoe has good grip and traction.
Sweatshirts, Jackets, or sweaters	No pullovers inside the Learning Center (fine for outside use). We request zip-up or button-up only for inside use. No logos, pictures, or words.

General Guidelines

- Clothes should be neat, clean, and in good repair. (Example: no tears or stains) One exception is Monday clothing you might consider having at least 1 set of clothes specifically for Mondays in case of accidents in art class like paint or glue.
- Pants should not have the "baggy" look and should be worn at the natural waist (above the hips, near belly button).
- Leggings/Jeggings are <u>not</u> uniform pants and may only be worn under a uniform skirt or shorts. This is a great solution for colder weather.
- All shorts and skirt lengths must fall to <u>not more than 2 inches above</u> the crease at the back of the knee. We recommend that younger girls wear shorts or leggings underneath their skirts.
- Shirts should cover the student's stomach and lower back even when a student's arms are raised, or when the student is sitting down. If a cami or t-shirt is worn under a uniform shirt, it should be tucked in so as to not hang out at the bottom.
- Hair must be clean and styled neatly. Trendy hair colors (blue, orange, rainbow, etc.) are not permitted.
- Young men should be clean-shaven daily.

(Over Please)

- Jewelry, if worn at all, should be worn sparingly and in moderation. Any jewelry considered a distraction (costume/play) will be taken away until the end of the day.
- Hats and caps are <u>not</u> to be worn <u>inside</u> buildings.
- Young ladies aged 13 & older may wear <u>light</u> make-up. No excessive eye or lip makeup is allowed.
- Nail polish may be worn but must be kept neat and not be peeling or chipped up.
- Young men may not wear makeup or nail polish of any kind.
- Students with long hair need to have their hair tied back and out of the way for Monday Funday and other physical activities.

"DRESS DOWN" Day Guidelines

In the event of a scheduled or earned/purchased "Dress Down" day, neatness/coverage and shoe rules from above still apply. No tank tops and no offensive pictures/prints (including, but not limited to violent images, wizardry, crude or rude sayings, etc.). Leggings may be worn with a shirt long enough to fully cover the student's bottom when arms are raised.

Physical Education Dress Code

ATHLETIC SHOES are required for students of **ALL AGES** on PE days (Monday).

Students in Jr. High and High School should come to school on Mondays wearing what is described below and bring their regular uniform clothes to change into after PE.

- Gray t-shirts (or designated PE uniform shirt if available)
- Dark-colored shorts (must fall not more than 2 inches above the crease at the back of the knee) or sweatpants for PE class - <u>No yoga pants or other tight-fitting bottoms</u> (Girls might check in the boy's/men's department for longer shorts options.)
- Deodorant is <u>required</u> for good hygiene for **EVERYONE EVERY DAY**. (Let's be honest.... This is AZ and we all sweat all lot!)